

## Network Design Criteria for Providers

LifeWise Health Plan of Washington designed its provider networks with inclusion, accessibility, safety, quality, and costs in mind. We select physicians and clinical providers who show evidence of high quality care, high value, and support lowering healthcare costs.

The standards below apply to commercial and qualified health plan networks. Standards apply individually to each specialty listed below the defined standard.

Provider Type	Percent of Enrollees	Urban	Rural
Hospital and Emergency	100%	30 minutes	60 minutes
	A hospital with emergency room or free-standing emergency room facility		
Provider Type	Percent of Enrollees	Urban	Rural
Primary Care	80%	30 miles	60 miles
	<p>Eighty percent of the enrollees have access to Primary Care as defined below:</p> <ul style="list-style-type: none"> <li>a) Primary care physician, physician assistant, or advanced nurse practitioner with an open practice <ul style="list-style-type: none"> <li>• Specialties include family medicine, geriatric medicine, general practice, gynecology, internal medicine, naturopathic medicine, obstetrics and gynecology, pediatrics, and women’s health</li> </ul> </li> <li>b) A family medicine or general practice practitioner with an open practice</li> <li>c) A internal medicine practitioner with an open practice available to enrollees 18 years old or older</li> <li>d) General pediatric services: a physician, physician assistant, or advanced nurse practitioner with an open practice available to enrollees 18 years old and younger for specialties including pediatrics, family medicine, general practice, internal medicine, or naturopathy servicing pediatric enrollees</li> </ul>		
Provider Type	Percent of Enrollees	Urban	Rural
Mental Health & Substance Use	80%	30 miles	60 miles
	Eighty percent of the enrollees have access to mental health providers, such as licensed psychiatrists, psychologists, social		

workers, and mental health nurse practitioners. If one of the types of specialty providers is not available as required above, an alternate access delivery system is required to meet this requirement.

The following specialties have been defined as high volume behavioral health specialties:

- a) A licensed counseling, marriage and family therapy, psychology, psychiatry, including nurse psychiatry, or social worker
- b) A licensed counseling
- c) A licensed marriage and family therapy
- d) A licensed psychology
- e) A licensed psychiatrist/nurse psychiatry
- f) A licensed social worker

<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
Specialty Mental Health & Substance Abuse	80%	30 miles	60 miles

A location or facility providing inpatient and outpatient mental health, substance abuse treatment services, and behavioral therapy. Specialties include inpatient and outpatient services at a behavioral health facility or hospital, community mental health agency, or behavioral health program

<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
Pediatric Specialty	80%	60 miles	90 miles

A licensed physician, physician assistant, or advanced nurse practitioner available to enrollees 18 years old and younger. The pediatric specialty types include, but are not limited to, nephrology, pulmonology, rheumatology, hematology-oncology, perinatal medicine, neurodevelopmental disabilities, cardiology, endocrinology, and gastroenterology.

<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
Specialty Care	80%	60 miles	90 miles

Eighty percent of the enrollees must have access to each of the following specialty types: Allergy and immunology, anesthesiology,

	<p>colon and rectal surgery, dermatology, emergency medicine, medical genetics, neurological surgery, nuclear medicine, obstetrics and gynecology, ophthalmology, orthopedic surgery, otolaryngology, pathology, plastic surgery, physical medicine and rehabilitation, preventative medicine, psychiatry and neurology, radiology, surgery, thoracic and cardiac surgery, urology.</p> <p>The following specialties have been defined as high volume specialties:</p> <ul style="list-style-type: none"> <li>a) Obstetrics and gynecology</li> <li>b) Dermatology</li> </ul> <p>The following specialties have been defined as high impact specialties:</p> <ul style="list-style-type: none"> <li>a) Medical Oncology, Radiation Oncology</li> <li>b) Orthopedic surgery</li> </ul>		
<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
Therapy	80%	30 miles	60 miles
	Eighty percent of the enrollees must have access to the following types of providers: Chiropractic, physical therapy, occupational therapy, speech and language therapy, rehabilitative services, and rehabilitative outpatient services.		
<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
General and Pediatric Dental	80%	30 miles	60 miles
	A licensed provider available to enrollees for general or pediatric dentistry		
<b>Provider Type</b>	<b>Percent of Enrollees</b>	<b>Urban</b>	<b>Rural</b>
Specialty Dental	80%	60 miles	90 miles
	A licensed dental provider available to enrollees for each of the following specialties: Endodontics, oral/maxillofacial surgery, orthodontics, periodontics, and prosthodontics		

**Network Standards**

The standards are designed to ensure our enrollees have a sufficient number and type of providers available for needed services.

Provider types evaluated include: primary care, behavioral health, specialty mental health, pediatric specialty, specialty care, therapy, general and pediatric dental, and specialty dental. Specialty care includes but is not limited to: cardiology, general surgery, obstetrics & gynecology, orthopedics, neurology, and urology.

Essential community provider types, which are providers required by the Affordable Care Act and tracked by states, include primary care, pediatrics, Indian health care, rural health clinics, pediatric dental, Ryan White Clinics, and federally qualified health centers. These types of providers have specific required standards that must be met. Both these and several other provider types are counted and analyzed for each geographic area. LifeWise leadership and the state's insurance office review these reports in order to ensure compliance standards are achieved. Enrollees are encouraged to notify us about non-contracted providers they would like contracted.

- **Safety & Quality**

LifeWise routinely checks provider qualifications and safety records to ensure our members receive the best care. Industry-standard analytic measurements and tools help us measure provider quality on an ongoing basis. Those providers that do not agree or not follow our quality care-based collaborations or cost-savings strategies are subject to decreased reimbursement or network removal. LifeWise selects providers based on quality and access. However, specific quality measurements are not used to determine which network a provider will reside in.

LifeWise provider groups with the highest volumes and participate in our innovative contracting strategies which include measuring levels of quality-based care. The following measures are collected from each provider group. These are nationally defined and accepted measures defined by the National Committee for Quality Assurance and the National Quality Forum and include:

- Breast Cancer Screening
- Cervical Cancer Screening
- Chlamydia Screening in Women
- Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis
- Prenatal Rate
- Post-Partum Care
- Eye Exams for Diabetics
- HbA1C Testing for Diabetics
- Nephropathy
- Effective Acute Phase Treatment with Antidepressant Medication Management
- Effective Continuation Phase Treatment with Antidepressant Medication Management
- Adult BMI Assessment
- Childhood BMI Assessment
- Childhood Immunization Status – Combination 10
- Appropriate Testing for Children with Pharyngitis

- **Cost**

LifeWise is helping to solve for an unsustainable healthcare system by working with our network providers to reduce overall healthcare costs. Negotiations, reporting, and standardized analytic tools help us measure provider cost on an ongoing basis. We work with providers to contract at

rates that ensure healthcare costs remain sustainable. We design all our networks by using industry-standard tools that help us measure the unit costs of providers. We also are able to analyze costs and talk to providers about these emerging costs in order to keep costs sustainable.

Provider cost increases identified are managed by a medical cost committee that will set limits or reductions, where necessary, to maintain or reduce medical care costs. Those providers that do not agree or not follow our quality care-based collaborations or cost-savings strategies are subject to network removal.

Our provider directory and other benefit material keeps enrollees informed and assists in choosing an in-network provider. Seeing in-network providers offers the highest benefit level and reduces members' out-of-pocket expenses.

We offer a wide variety of helpful information about each provider and will continue to provide even more helpful information in the future. If you have more questions about our network providers, however, please contact customer service.

### **Network Design Criteria for Hospitals**

LifeWise designed its hospital network with accessibility, quality, and cost in mind. We select hospitals with evidence of high quality, high value, and support lowering healthcare costs.

- **Inclusion & Access**

Our network includes hospitals serving all geographic service areas. We not only desire, but are also regulated to ensure that rural area patients have access to their area hospital. Annually access reports are run to ensure we have an adequate number of hospitals in each service area to service the membership that resides there.

- **Safety & Quality**

Quarterly reports are run for hospital medical errors or what are called "never events" or serious adverse events. All of these events are captured on the hospitals' credentialing records and are evaluated during each hospital contract renewal. Members' out-of-pocket costs are protected when particular claims fit specific criteria and a medical record review confirms the hospitals' liability to pay for the claim.

Analytic tools help us measure hospital safety, quality, and cost on an ongoing basis. We design all our networks by using industry-standard tools that help us measure the unit costs of hospitals. We also are able to analyze emerging hospital utilization that impact those unit costs and talk to hospitals about these emerging costs in order to keep costs sustainable.

We work with hospitals to ensure patient safety with provider credentialing/background checks, and hospital safety improvements are being followed.

- **Cost**

We work with hospitals to contract at appropriate rates. Hospital costs are monitored on a routine basis. Cost trends or increases discovered are managed with a goal of maintaining or reduce medical care costs. Those hospitals that do not agree or follow our quality care-based collaborations or cost-savings strategies are subject to network removal.

Our provider directory and other benefit material keeps enrollees informed when it would be best to visit an in-network hospital. We strive to offer hospitals in the network that provide the highest quality and lowest cost. When we succeed at this, our members' out-of-pocket costs lessen.

## Discrimination is Against the Law

LifeWise Health Plan of Washington complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. LifeWise does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

LifeWise:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that LifeWise has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Civil Rights Coordinator — Complaints and Appeals  
PO Box 91102, Seattle, WA 98111  
Toll free 855-332-6396, Fax 425-918-5592,  
TTY 800-842-5357

Email [AppealsDepartmentInquiries@LifeWiseHealth.com](mailto:AppealsDepartmentInquiries@LifeWiseHealth.com)

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services,  
200 Independence Ave SW, Room 509F, HHH Building  
Washington, D.C. 20201, 1-800-368-1019,  
800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

## Getting Help in Other Languages

**This Notice has Important Information.** This notice may have important information about your application or coverage through LifeWise Health Plan of Washington. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 800-592-6804 (TTY: 800-842-5357).

### አማርኛ (Amharic):

ይህ ማስታወቂያ አስፈላጊ መረጃ ይዟል። ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም የ LifeWise Health Plan of Washington ሽፋን አስፈላጊ መረጃ ሊኖረው ይችላል። በዚህ ማስታወቂያ ውስጥ ቁልፍ ቀናት ሊኖሩ ይችላሉ። የጤናን ሽፋንዎን ለመጠበቅና በአከፋፈል እርዳታ ለማግኘት በተውሰኑ የጊዜ ገደቦች እርምጃ መውሰድ ይገባዎት ይሆናል። ይህን መረጃ አንዲያገኙ እና ያለምንም ከፍተኛ በቋንቋዎ እርዳታ አንዲያገኙ መብት አለዎት። በሰልክ ቁጥር 800-592-6804 (TTY: 800-842-5357) ይደውሉ።

### العربية (Arabic):

يحتوي هذا الإشعار معلومات هامة. قد يحتوي هذا الإشعار معلومات مهمة بخصوص طلبك أو التغطية التي تريد الحصول عليها من خلال LifeWise Health Plan of Washington. قد تكون هناك تواريخ مهمة في هذا الإشعار. وقد تحتاج لاتخاذ إجراء في تواريخ معينة للحفاظ على تغطيتك الصحية أو للمساعدة في دفع التكاليف. يحق لك الحصول على هذه المعلومات والمساعدة بلغتك دون تكبد أية تكلفة. اتصل بـ 800-592-6804 (TTY: 800-842-5357)

### 中文 (Chinese):

本通知有重要的訊息。本通知可能有關於您透過 LifeWise Health Plan of Washington 提交的申請或保險的重要訊息。本通知內可能有重要日期。您可能需要在截止日期之前採取行動，以保留您的健康保險或者費用補貼。您有權利免費以您的母語得到本訊息和幫助。請撥電話 800-592-6804 (TTY: 800-842-5357)。

**Oromoo (Cushite):****Beeksisni kun odeeffannoo barbaachisaa qaba.**

Beeksisti kun sagantaa yookan karaa LifeWise Health Plan of Washington tiin tajaajila keessan ilaalchisee odeeffannoo barbaachisaa qabaachuu danda'a. Guyyaawwan murteessaa ta'an beeksisaa kana keessatti ilaalaa. Tarii kaffaltiidhaan deeggaramuuf yookan tajaajila fayyaa keessaniif guyyaa dhumaa irratti wanti raawwattan jiraachuu danda'a. Kaffaltii irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuuf mirga ni qabaattu. Lakkoofsa bilbilaa 800-592-6804 (TTY: 800-842-5357) ti bilbilaa.

**Français (French):**

**Cet avis a d'importantes informations.** Cet avis peut avoir d'importantes informations sur votre demande ou la couverture par l'intermédiaire de LifeWise Health Plan of Washington. Le présent avis peut contenir des dates clés. Vous devez peut-être prendre des mesures par certains délais pour maintenir votre couverture de santé ou d'aide avec les coûts. Vous avez le droit d'obtenir cette information et de l'aide dans votre langue à aucun coût. Appelez le 800-592-6804 (TTY: 800-842-5357).

**Kreyòl ayisyen (Creole):**

**Avi sila a gen Enfòmasyon Enpòtan ladann.** Avi sila a kapab genyen enfòmasyon enpòtan konsènan aplikasyon w lan oswa konsènan kouvèti asirans lan atravè LifeWise Health Plan of Washington. Kapab genyen dat ki enpòtan nan avi sila a. Ou ka gen pou pran kèk aksyon avan sèten dat limit pou ka kenbe kouvèti asirans sante w la oswa pou yo ka ede w avèk depans yo. Se dwa w pou resewva enfòmasyon sa a ak asistans nan lang ou pale a, san ou pa gen pou peye pou sa. Rele nan 800-592-6804 (TTY: 800-842-5357).

**Deutsche (German):****Diese Benachrichtigung enthält wichtige**

**Informationen.** Diese Benachrichtigung enthält unter Umständen wichtige Informationen bezüglich Ihres Antrags auf Krankenversicherungsschutz durch LifeWise Health Plan of Washington. Suchen Sie nach eventuellen wichtigen Terminen in dieser Benachrichtigung. Sie könnten bis zu bestimmten Stichtagen handeln müssen, um Ihren Krankenversicherungsschutz oder Hilfe mit den Kosten zu behalten. Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Rufen Sie an unter 800-592-6804 (TTY: 800-842-5357).

**Hmoob (Hmong): Tsab ntawv tshaj xo no muaj cov**

**ntshiab lus tseem ceeb.** Tej zaum tsab ntawv tshaj xo no muaj cov ntsiab lus tseem ceeb txog koj daim ntawv thov kev pab los yog koj qhov kev pab cuam los ntawm LifeWise Health Plan of Washington. Tej zaum muaj cov hnuv tseem ceeb uas sau rau hauv daim ntawv no. Tej zaum koj kuj yuav tau ua qee yam uas peb kom koj ua tsis pub dhau cov caij nyoog uas teev tseg rau hauv daim ntawv no mas koj thiab yuav tau txais kev pab cuam kho mob los yog kev pab them tej nqi kho mob ntawd. Koj muaj cai kom lawv muab cov ntshiab lus no uas tau muab sau ua koj hom lus pub dawb rau koj. Hu rau 800-592-6804 (TTY: 800-842-5357).

**Iloko (Ilocano): Daytoy a Pakdaar ket naglaon iti**

**Napateg nga Impormasion.** Daytoy a pakdaar mabalin nga adda ket naglaon iti napateg nga impormasion maipanggep iti aplikasyonyo wenno coverage babaen iti LifeWise Health Plan of Washington. Daytoy ket mabalin dagiti importante a petsa iti daytoy a pakdaar. Mabalin nga adda rumbeng nga aramidengyo nga addang sakbay dagiti partikular a naituding nga aldaw tapno mapagtalinaedyo ti coverage ti salun-atyto wenno tulong kadagiti gastos. Adda karbenganyo a mangala iti daytoy nga impormasion ken tulong iti bukodyo a pagsasao nga awan ti bayadanyo. Tumawag iti numero nga 800-592-6804 (TTY: 800-842-5357).

**Italiano (Italian): Questo avviso contiene**

**informazioni importanti.** Questo avviso può contenere informazioni importanti sulla tua domanda o copertura attraverso LifeWise Health Plan of Washington. Potrebbero esserci date chiave in questo avviso. Potrebbe essere necessario un tuo intervento entro una scadenza determinata per consentirti di mantenere la tua copertura o sovvenzione. Hai il diritto di ottenere queste informazioni e assistenza nella tua lingua gratuitamente. Chiama 800-592-6804 (TTY: 800-842-5357).

**日本語 (Japanese): この通知には重要な情報が含まれています。** この通知には、LifeWise Health Plan of Washington の申請または補償範囲に関する重要な情報が含まれている場合があります。この通知に記載されている可能性がある重要な日付をご確認ください。健康保険や有料サポートを維持するには、特定の期日までに行動を取らなければならない場合があります。ご希望の言語による情報とサポートが無料で提供されます。800-592-6804 (TTY: 800-842-5357)までお電話ください。

**한국어 (Korean):**

본 통지서에는 중요한 정보가 들어 있습니다. 즉 이 통지서는 귀하의 신청에 관하여 그리고 LifeWise Health Plan of Washington 를 통한 커버리지에 관한 정보를 포함하고 있을 수 있습니다. 본 통지서에는 핵심이 되는 날짜들이 있을 수 있습니다. 귀하는 귀하의 건강 커버리지를 계속 유지하거나 비용을 절감하기 위해서 일정한 마감일까지 조치를 취해야 할 필요가 있을 수 있습니다. 귀하는 이러한 정보와 도움을 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 800-592-6804 (TTY: 800-842-5357) 로 전화하십시오.

**ລາວ (Lao):**

**ແຈ້ງການນີ້ມີຂໍ້ມູນສໍາຄັນ.** ແຈ້ງການນີ້ອາດຈະມີຂໍ້ມູນສໍາຄັນກ່ຽວກັບຄໍາຮ້ອງສະໝັກ ຫຼື ຄວາມຄຸ້ມຄອງປະກັນໄພຂອງທ່ານຜ່ານ LifeWise Health Plan of Washington. ອາດຈະມີວັນທີ່ສໍາຄັນໃນແຈ້ງການນີ້. ທ່ານອາດຈະຈໍາເປັນຕ້ອງດໍາເນີນການຕາມກຳນົດເວລາສະເພາະເພື່ອຮັກສາຄວາມຄຸ້ມຄອງປະກັນສຸຂະພາບ ຫຼື ຄວາມຊ່ວຍເຫຼືອເລື່ອງຄ່າໃຊ້ຈ່າຍຂອງທ່ານໄດ້. ທ່ານມີສິດໄດ້ຮັບຂໍ້ມູນນີ້ ແລະ ຄວາມຊ່ວຍເຫຼືອເປັນພາສາຂອງທ່ານໃດໜຶ່ງຢ່າຈ່າຍຄ່າ. ໃຫ້ໂທຫາ 800-592-6804 (TTY: 800-842-5357).

**ភាសាខ្មែរ (Khmer):**

**សេចក្តីជូនដំណឹងនេះមានព័ត៌មានយ៉ាងសំខាន់។** សេចក្តីជូនដំណឹងនេះប្រហែលជាមានព័ត៌មានយ៉ាងសំខាន់អំពីទម្រង់បែបបទ ឬការរ៉ាប់រងរបស់អ្នកតាមរយៈ LifeWise Health Plan of Washington ។ ប្រហែលជាមាន កាលបរិច្ឆេទសំខាន់នៅក្នុងសេចក្តីជូនដំណឹងនេះ។ អ្នកប្រហែលជាត្រូវការបញ្ជាក់សមត្ថភាព ដល់កំណត់ថ្លៃជាក់ច្បាស់នានា ដើម្បីនឹងរក្សាទុកការធានារ៉ាប់រងសុខភាពរបស់អ្នក ឬប្រាក់ជំនួយចេញថ្លៃ។ អ្នកមានសិទ្ធិទទួលបានព័ត៌មាននេះ នឹងជំនួយនៅក្នុងភាសារបស់អ្នកដោយមិនអសលុយឡើយ។ សូមទូរស័ព្ទ 800-592-6804 (TTY: 800-842-5357)។

**ਪੰਜਾਬੀ (Punjabi):**

**ਇਸ ਨੋਟਿਸ ਵਿਚ ਖਾਸ ਜਾਣਕਾਰੀ ਹੈ.** ਇਸ ਨੋਟਿਸ ਵਿਚ LifeWise Health Plan of Washington ਵਲੋਂ ਤੁਹਾਡੀ ਕਵਰੇਜ ਅਤੇ ਅਰਜੀ ਬਾਰੇ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੋ ਸਕਦੀ ਹੈ . ਇਸ ਨੋਟਿਸ ਜਵਾਬ ਖਾਸ ਤਾਰੀਖਾ ਹੋ ਸਕਦੀਆਂ ਹਨ. ਜੇਕਰ ਤੁਸੀਂ ਜਸਰਤ ਕਵਰੇਜ ਰਿੱਖਣੀ ਹੋਵੇ ਜਾਂ ਓਸ ਦੀ ਲਾਗਤ ਜਵਿੱਚ ਮਦਦ ਦੇ ਇਛੁੱਕ ਹੋ ਤਾਂ ਤੁਹਾਨੂੰ ਅੰਤਮ ਤਾਰੀਖ ਤੋਂ ਪਹਿਲਾਂ ਕੁੱਝ ਖਾਸ ਕਦਮ ਚੁੱਕਣ ਦੀ ਲੋੜ ਹੋ ਸਕਦੀ ਹੈ .ਤੁਹਾਨੂੰ ਮੁਫਤ ਵਿੱਚ ਤੇ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ .ਕਾਲ 800-592-6804 (TTY: 800-842-5357).

**فارسی (Farsi):**

این اعلامیه حاوی اطلاعات مهم میباشد. این اعلامیه ممکن است حاوی اطلاعات مهم درباره فرم تقاضا و یا پوشش بیمه ای شما از طریق LifeWise Health Plan of Washington باشد. به تاریخ های مهم در این اعلامیه توجه نمایید. شما ممکن است برای حفظ پوشش بیمه تان یا کمک در پرداخت هزینه های درمانی تان، به تاریخ های مشخصی برای انجام کارهای خاصی احتیاج داشته باشید. شما حق این را دارید که این اطلاعات و کمک را به زبان خود به طور رایگان دریافت نمایید. برای کسب اطلاعات با شماره (800-842-5357) (کاربران TTY تماس با شماره 800-842-5357) تماس برقرار نمایید.

**Polskie (Polish):**

**To ogłoszenie może zawierać ważne informacje.** To ogłoszenie może zawierać ważne informacje odnośnie Państwa wniosku lub zakresu świadczeń poprzez LifeWise Health Plan of Washington. Prosimy zwrócić uwagę na kluczowe daty, które mogą być zawarte w tym ogłoszeniu aby nie przekroczyć terminów w przypadku utrzymania polisy ubezpieczeniowej lub pomocy związanej z kosztami. Macie Państwo prawo do bezpłatnej informacji we własnym języku. Zadzwońcie pod 800-592-6804 (TTY: 800-842-5357).

**Português (Portuguese):**

**Este aviso contém informações importantes.** Este aviso poderá conter informações importantes a respeito de sua aplicação ou cobertura por meio do LifeWise Health Plan of Washington. Poderão existir datas importantes neste aviso. Talvez seja necessário que você tome providências dentro de determinados prazos para manter sua cobertura de saúde ou ajuda de custos. Você tem o direito de obter esta informação e ajuda em seu idioma e sem custos. Ligue para 800-592-6804 (TTY: 800-842-5357).

**Română (Romanian):****Prezenta notificare conține informații importante.**

Această notificare poate conține informații importante privind cererea sau acoperirea asigurării dumneavoastră de sănătate prin LifeWise Health Plan of Washington. Pot exista date cheie în această notificare. Este posibil să fie nevoie să acționați până la anumite termene limită pentru a vă menține acoperirea asigurării de sănătate sau asistența privitoare la costuri. Aveți dreptul de a obține gratuit aceste informații și ajutor în limba dumneavoastră. Sunați la 800-592-6804 (TTY: 800-842-5357).

**Русский (Russian):****Настоящее уведомление содержит важную**

**информацию.** Это уведомление может содержать важную информацию о вашем заявлении или страховом покрытии через LifeWise Health Plan of Washington. В настоящем уведомлении могут быть указаны ключевые даты. Вам, возможно, потребуется принять меры к определенным предельным срокам для сохранения страхового покрытия или помощи с расходами. Вы имеете право на бесплатное получение этой информации и помощь на вашем языке. Звоните по телефону 800-592-6804 (TTY: 800-842-5357).

**Fa'asamoa (Samoan):****Atonu ua iai i lenei fa'asilasilaga ni fa'amatalaga e sili**

**ona taua e tatau ona e malamalama i ai.** O lenei fa'asilasilaga o se fesoasoani e fa'amatala atili i ai i le tulaga o le polokalame, LifeWise Health Plan of Washington, ua e tau fia maua atu i ai. Fa'amolemole, ia e iloilo fa'alelei i aso fa'apitoa olo'o iai i lenei fa'asilasilaga taua. Masalo o le'a iai ni feau e tatau ona e faia ao le'i aulia le aso ua ta'ua i lenei fa'asilasilaga ina ia e iai pea ma maua fesoasoani mai ai i le polokalame a le Malo olo'o e iai i ai. Olo'o iai iate oe le aia tatau e maua atu i lenei fa'asilasilaga ma lenei fa'matalaga i legagana e te malamalama i ai aunoa ma se togiga tupe. Vili atu i le telefoni 800-592-6804 (TTY: 800-842-5357).

**Español (Spanish):**

**Este Aviso contiene información importante.** Es posible que este aviso contenga información importante acerca de su solicitud o cobertura a través de LifeWise Health Plan of Washington. Es posible que haya fechas clave en este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 800-592-6804 (TTY: 800-842-5357).

**Tagalog (Tagalog):****Ang Paunawa na ito ay naglalaman ng mahalagang**

**impormasyon.** Ang paunawa na ito ay maaaring naglalaman ng mahalagang impormasyon tungkol sa iyong aplikasyon o pagsakop sa pamamagitan ng LifeWise Health Plan of Washington. Maaaring may mga mahalagang petsa dito sa paunawa. Maaring mangailangan ka na magsagawa ng hakbang sa ilang mga itinakdang panahon upang mapanatili ang iyong pagsakop sa kalusugan o tulong na walang gastos. May karapatan ka na makakuha ng ganitong impormasyon at tulong sa iyong wika ng walang gastos. Tumawag sa 800-592-6804 (TTY: 800-842-5357).

**ไทย (Thai):**

ประกาศนี้มีข้อมูลสำคัญ ประกาศนี้อาจมีข้อมูลที่สำคัญเกี่ยวกับการการสมัครหรือขอเขตประกันสุขภาพของคุณผ่าน LifeWise Health Plan of Washington และอาจมีกำหนดการในประกาศนี้ที่คุณอาจจะต้องดำเนินการภายในกำหนดระยะเวลาที่แน่นอนเพื่อจะรักษาการประกันสุขภาพของคุณหรือการช่วยเหลือที่มีค่าใช้จ่าย คุณมีสิทธิที่จะได้รับข้อมูลและความช่วยเหลือนี้ในภาษาของคุณ โดยไม่มีค่าใช้จ่าย โทร 800-592-6804 (TTY: 800-842-5357)

**Український (Ukrainian):****Це повідомлення містить важливу інформацію.**

Це повідомлення може містити важливу інформацію про Ваше звернення щодо страхувального покриття через LifeWise Health Plan of Washington. Зверніть увагу на ключові дати, які можуть бути вказані у цьому повідомленні. Існує імовірність того, що Вам треба буде здійснити певні кроки у конкретні кінцеві строки для того, щоб зберегти Ваше медичне страхування або отримати фінансову допомогу. У Вас є право на отримання цієї інформації та допомоги безкоштовно на Вашій рідній мові. Дзвоніть за номером телефону 800-592-6804 (TTY: 800-842-5357).

**Tiếng Việt (Vietnamese):****Thông báo này cung cấp thông tin quan trọng.**

Thông báo này có thông tin quan trọng về đơn xin tham gia hoặc hợp đồng bảo hiểm của quý vị qua chương trình LifeWise Health Plan of Washington. Xin xem ngày quan trọng trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ giúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số 800-592-6804 (TTY: 800-842-5357).