

# Documentation and Coding Web Tutorials

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## A LIFEWISE DOCUMENTATION AND CODING SERIES FOR PROVIDERS

Diagnostic coding can be a difficult task often compounded by the existence of multiple, chronic, and complex conditions. Premera has created a series of short interactive web trainings that are easy-to-navigate and focus on the most common areas of provider error in documenting and coding chronic and complex conditions.

### Brief

Most of our web tutorials are under 10 minutes in length, making them the perfect tools for your busy schedule.

### Expert focus

In this web training series, we intentionally don't cover basic coding concepts in order to bring you the most relevant, helpful documentation and coding insight on areas prone to error, in the shortest amount of training time.

### Easy to navigate

Learners can click through the slides at their own pace, easily revisit concepts already covered, or advance to topics later in the training.

### Interactive

These web-trainings are designed based on adult learning theory and include optional, interactive questions that invite the learner to evaluate whether concepts are better understood because of the training.

### Condition-specific

Examples of conditions that providers find difficult to document and/or code accurately include:

- Diabetes
- Respiratory Conditions
- Cancers
- Major Depressive Disorder

### What You'll Learn

By the end of this course you will:

- Be able to accurately assign codes when a patient has multiple respiratory comorbidities
- Ensure conditions are documented at least once a year, even when active but stable
- Remember to code symptoms only until a definitive diagnosis is confirmed

Web-trainings are added to the learning library on a regular basis.

For more information, reach out to contact your Quality and Risk Adjustment Provider Clinical Consultant.

### Sample Course Question

“Patient seen for diabetes follow-up. Blood sugars are better controlled but still having bouts of hypoglycemia in the evenings. Struggling with polyneuropathy but able to still exercise regularly. Will adjust medication to accommodate blood sugar drops.”

What are the appropriate code(s)? Choose all that apply to the scenario and click the check mark in the lower right to submit your answer.

- E11.9, Type 2 diabetes mellitus without complications
- E11.42, Type 2 diabetes mellitus with diabetic polyneuropathy
- E11.649, Type 2 diabetes mellitus with hypoglycemia without coma
- E16.2, Hypoglycemia, unspecified
- G62.9, Polyneuropathy, unspecified