

# Gender-affirming Treatment Providers

## **Agrella, Casidhe A LMFT**

### **Imagine Counseling Spokane**

120 W Buckeye Ave  
Spokane, WA 99205-3117  
(509) 822-3709

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Marriage & Family Therapist

### **Mindful Therapy Group**

201 W North River Dr Ste 301  
Spokane, WA 99201-2262  
(425) 640-7009

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Marriage & Family Therapist

## **Beda, Rachel D MD**

### **Wise Patient Internal Medicine**

613 19th Ave E Ste 201  
Seattle, WA 98112-4000  
(206) 466-5937

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Internal Medicine

## **Blankinship, Coral L LICSW**

### **Mindful Therapy Group Northgate**

21907 64th Ave W Ste 200  
Mountlake Terrace, WA 98043-6200  
(425) 640-7009

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Social Worker

## **Crooks, Andrea J DO**

### **MultiCare Capital Primary Care**

404 Yaeger Way SW Ste 100  
Olympia, WA 98502-8152  
(564) 669-5150

**Networks:** LifeWise Health Plan of Washington Preferred

**Specialty:** Family Medicine

## **Curtis, Amy E MD**

### **Childrens Hospital and Regional Medical Center**

4800 Sand Point Way NE  
Seattle, WA 98105-3901  
(206) 987-2000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Psychiatry & Neurology-Psychiatry

## **Curtis, Amy E ND**

### **One Connection Healthcare**

5470 Shilshole Ave NW Ste 500  
Seattle, WA 98107-4040  
(206) 279-6390

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Naturopath

## **Enstad, Cheryl N LICSW**

### **Cheryl Enstad LICSW**

1155 N State St Ste 324  
Bellingham, WA 98225-5037  
(360) 296-5693

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Social Worker

## **Flaherty, Aj J MD**

### **Virginia Mason Medical Center (Multi Spec)**

1201 Terry Ave  
Seattle, WA 98101-2735  
(206) 223-6600

**Networks:** LifeWise Health Plan of Washington Preferred

**Specialty:** Otolaryngology (Head & Neck Surgery)

## **Giuliani, Gianni M ARNP**

### **Giuliani Mental Health**

140 S Arthur St Ste 415  
Spokane, WA 99202-2220  
(509) 319-1087

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner-Psych/Mental Health

## **Gromko, Linda J MD**

### **Queen Anne Medical Associates**

200 W Mercer St Ste 104  
Seattle, WA 98119-3958  
(206) 281-7163

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Family Medicine

## **Hendrickson, Raelean A LICSW**

### **Rooted Embrace**

104 S Freya Green Flag Bldg Ste 111B  
Spokane, WA 99202-4862  
(509) 714-0115

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Social Worker

## **Jardine, Nichole L LICSW**

### **Nichole L Jardine LCSW**

5991 Bell St SE  
Tumwater, WA 98501-5355  
(360) 515-5080

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Social Worker

## **Leong, Naomi C LMHC**

### **Browne's Addition Wellness Center**

2013 W 4th Ave Apt 2  
Spokane, WA 99201-6810  
(509) 280-6195

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Counselor

## **Loren, Davia L MD**

### **UWMC Neonatal Intensive Care Unit**

1959 NE Pacific St  
Seattle, WA 98195-0001  
(206) 543-3200

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Pediatrics

## **Lowe, Leo LMHC**

### **Leo Lowe Mental Health Counseling**

402 E Yakima Ave Ste 800  
Yakima, WA 98901-5410  
(509) 497-0869

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Counselor

## **Lumsden, Joshua J PA**

### **Virginia Mason Downtown**

1100 9th Ave  
Seattle, WA 98101-2756  
(206) 223-2319

**Networks:** LifeWise Health Plan of Washington Preferred

**Specialty:** Physician Assistant-Medical

### **Virginia Mason University Village Medical Center**

2671 NE 46th St  
Seattle, WA 98105-5041  
(206) 525-8000

**Networks:** LifeWise Health Plan of Washington Preferred

**Specialty:** Physician Assistant-Medical

## **Meehan, Lacey M LMFT**

### **Evergreen Pediatric Clinic**

505 NE 87th Ave Ste 120  
Vancouver, WA 98664-1965  
(360) 892-1635

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Marriage & Family Therapist

### **Pathways Counseling and Wellness**

10000 NE 7th Ave Ste 410  
Vancouver, WA 98685-4548  
(360) 358-2922

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Marriage & Family Therapist

# Gender-affirming Treatment Providers

## Melquist, Ezekiel D MD

**Mason Health Mason Clinic (R)**  
1701 N 13th St  
Shelton, WA 98584-2077  
(360) 426-2653

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Pediatrics

## Morrison, Shane D MD

**Childrens University Medical Group**  
4800 Sand Point Way NE  
Seattle, WA 98105-3901  
(206) 987-2000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Plastic Surgery

## Nelson, Jennifer A ARNP

**Mason Health Mason Clinic**  
1701 N 13th St  
Shelton, WA 98584-2077  
(360) 426-2653

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner-Family

## Newell, Brenda L LICSW

**Rainbow Counseling and Equine Connections LLC**  
909 W Main St Ste 106  
Monroe, WA 98272-2031  
(425) 280-6508

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Social Worker

## Newell, Elizabeth A MD

**Inland OBGYN**  
105 W 8th Ave Ste 6020  
Spokane, WA 99204-2319  
(509) 455-5050

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Obstetrics & Gynecology

**Quilted Health Professional Services**  
906 S Cowley St  
Spokane, WA 99202-1229  
(509) 794-0709

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Obstetrics & Gynecology

**Spokane Obstetrics and Gynecology**  
105 W 8th Ave Ste 6060  
Spokane, WA 99204-2312  
(509) 838-4211

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Obstetrics & Gynecology

## Over, Rebecca K DO

**Multicare Endocrinology**  
1901 S Cedar St Ste 205  
Tacoma, WA 98405-2303  
(253) 301-6999

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Alpine

**Specialty:** Internal Medicine-Endocrinology, Diabetes & Metabo

## Paul, Natalie A ARNP

**Lavender Spectrum Health**  
5500 NE 109th Ct Ste A  
Vancouver, WA 98662-6104  
(360) 727-1641

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner-Family

**Real You Electrolysis**  
5501 NE 109th Ct Ste N  
Vancouver, WA 98662-6174  
(360) 217-4205

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner-Family

## Sequeira, Gina M MD

**Childrens Hospital and Regional Medical Center**  
4800 Sand Point Way NE  
Seattle, WA 98105-3901  
(206) 987-2000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Pediatrics

## Skokan, Alexander J MD

**Childrens University Medical Group**  
4800 Sand Point Way NE  
Seattle, WA 98105-3901  
(206) 987-2000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Urology

**Urology Clinic at Harborview**  
410 9th Ave N FL 7  
Seattle, WA 98104-4708  
(206) 520-5000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Alpine

**Specialty:** Urology

## Smith, Deborah L LMHC

**Deborah L Smith LMHC**  
6816 W Rio Grande Ave  
Kennewick, WA 99336  
(509) 737-9009

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Counselor

## Steltz, Kayla E ARNP

**Yakima Neighborhood Health Services**  
12 S 8th St  
Yakima, WA 98901-3020  
(509) 454-4143

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner

## Stiller, Geoffrey D MD

**Stiller Aesthetics**  
805 W 5th Ave Ste 619  
Spokane, WA 99204-2802  
(509) 747-5773

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Surgery-Plastic and Reconstructive Surgery

## Sumerwell, Catherine V ARNP

**Seattle Childrens Hospital**  
4800 Sand Point Way NE  
Seattle, WA 98105-3901  
(206) 987-2000

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Nurse Practitioner-Pediatrics

## Sveund, Jennifer PSYCH

**Sound Psychotherapy and Assessment**  
3515 SW Alaska St top floor  
Seattle, WA 98126-2730  
(206) 979-8787

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Psychologist

## Tran Ngoc, Mai-Anh DO

**Childrens Hospital Adolescent Medicine**  
4800 Sand Point Wy NE  
Seattle, WA 98105-3901  
(206) 987-2028

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary, LifeWise Alpine

**Specialty:** Pediatrics-Adolescent Medicine

## Von Duering, Rebecca K SLP

**Affirming Voice and Communication**  
8839 17th Ave SW  
Seattle, WA 98106-2311  
(206) 372-6152

**Networks:** LifeWise Health Plan of Washington Preferred, LifeWise Primary

**Specialty:** Speech Language Pathologist

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**Wagner, Elena M MD**

**Virginia Mason Downtown**  
1100 9th Ave  
Seattle, WA 98101-2756  
(206) 223-2319

**Networks:** LifeWise Health Plan of Washington Preferred  
**Specialty:** Obstetrics & Gynecology-Gynecology

**Whalen, Sean LMHC**

**South Sound Behavior Associates**  
1944 Pacific Ave Ste 309  
Tacoma, WA 98402-3121  
(253) 325-9288

**Networks:** LifeWise Health Plan of Washington Preferred,  
LifeWise Primary  
**Specialty:** Counselor

**Wright, Lorena A MD**

**UW Diabetes Institute at South Lake Union Clinic**  
750 Republican St Ste F 3rd Fl  
Seattle, WA 98109-4766  
(206) 598-4882

**Networks:** LifeWise Health Plan of Washington Preferred  
**Specialty:** Internal Medicine-Endocrinology, Diabetes & Metabo

**Wang, Kevin S MD**

**ICHS Holly Park Medical and Dental Clinic**  
3815 S Othello St Fl 2  
Seattle, WA 98118-3510  
(206) 788-3500

**Networks:** LifeWise Health Plan of Washington Preferred,  
LifeWise Primary, LifeWise Alpine  
**Specialty:** Family Medicine

**International Community Health Services**

720 8th Ave S  
Seattle, WA 98104-3033  
(206) 788-3700

**Networks:** LifeWise Health Plan of Washington Preferred,  
LifeWise Primary, LifeWise Alpine  
**Specialty:** Family Medicine

**Won, Alvina MD**

**Puget Sound Surgical Center**  
19930 Ballinger Way NE  
Shoreline, WA 98155-1223  
(425) 778-2220

**Networks:** LifeWise Health Plan of Washington Preferred,  
LifeWise Primary, LifeWise Alpine  
**Specialty:** Surgery

**Zimberoff, Anya K PSYCH**

**HealthPoint Seatac Medical**  
4040 S 188th St Ste 201  
Seatac, WA 98188-5070  
(206) 277-7200

**Networks:** LifeWise Health Plan of Washington Preferred,  
LifeWise Primary, LifeWise Alpine  
**Specialty:** Psychologist