2025

LifeWise Alpine network overview

KEY FACTS

- The LifeWise Alpine network has 3,000+ providers.
- Access to a wide range of in-network specialists, alternative care providers, and behavioral and mental health professionals.
- Key hospital systems include MultiCare^{**}, Confluence, and PeaceHealth.
- Emergency care is paid at the in-network level. Members can receive in-network emergency care from any hospital.
- Out-of-network hospitals cannot balance bill patients for emergency services.
- The LifeWise Alpine network includes urgent care centers. When you need timely care, visit an in-network urgent care instead of the ER.
- Virtual visits are a convenient option for everyday, urgent, and mental health care.
- Members have exclusive access to primary care at Kinwell clinics. Find out more at kinwellhealth.com.

FIND CARE

The Find Care tool makes it easy to choose LifeWise Alpine network providers at **lifewise.com/find-care**.

NETWORK HOSPITALS BY COUNTY

Adams	
East Adams Rural Hospital	Ritzville
Othello Community Hospital	Othello
Asotin [*]	
Tri-State Memorial Hospital	Clarkston
Benton	
Prosser Memorial Hospital	Prosser
Trios Health Southridge Hospital	Kennewick
Chelan	
Cascade Medical Center	Leavenworth
Central Washington Hospital (Confluence)	Wenatchee
Confluence Health Hospital Mares Campus	Wenatchee
Lake Chelan Community Hospital	Chelan
Wenatchee Valley Hospital (Confluence)	Wenatchee
Clallam [*]	
Forks Community Hospital	Forks
Clark	
PeaceHealth Southwest Medical Center	Vancouver
Columbia	
Dayton General Hospital	Dayton
Cowlitz	
PeaceHealth St. John Medical Center	Longview



Health Plan of Washington

NETWORK HOSPITALS BY COUNTY

Republic
Pasco
Pomeroy
Ephrata
Grand Coulee
Quincy
Moses Lake
Elma
Coupeville
Port Townsend
Seattle
Seattle
Snoqualmie
Goldendale
White Salmon
Morton
Davenport

Mason General HospitalSheltonOkanogan'OmakMid Valley HospitalOmakPacific'IlwacoOcean Beach HospitalIlwacoWillapa Harbor HospitalSouth BendPend OreilleNewportPierceIlwacoMultiCare Allenmore Hospital'TacomaMultiCare Good Samaritan Hospital'PuyallupMultiCare Good Samaritan Hospital'PuyallupMultiCare Mary Bridge Children's Hospital'TacomaMultiCare Tacoma General Hospital'TacomaSan JuanItacomaSakagitSedro WoolleyIsland HospitalAnacortesPeaceHealth Peace Island Medical CenterSedro WoolleySkagit Valley HospitalAnacortesPeaceHealth United General Hospital Stagit Valley HospitalSedro WoolleyShadit Valley HospitalAnicortesSpokaneItagtonStamaniaSpokanenoneSpokaneMultiCare Deaconess Hospital''SpokaneMultiCare Valley Hospital''SpokaneMultiCare Valley Hospital''SpokaneMultiCare Valley Hospital''SpokaneMultiCare Valley Hospital''SpokaneMultiCare Capital Medical Center''OlympiaMultiCare Capital Medical Center''Olympia	Mason [*]	
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	MultiCare Capital Medical Center**	Olympia
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	none	

NETWORK HOSPITALS BY COUNTY

Walla Walla^{*}

none

Whatcom

PeaceHealth St. Joseph Medical Center Bellingham Whitman*

VVIIILIIIAII	
Pullman Regional Hospital	Pullman
Whitman Hospital and Medical Center	Colfax
Yakima	
Astria Sunnyside Hospital	Sunnyside
Astria Toppenish Hospital	Toppenish
MultiCare Yakima Memorial Hospital	Yakima

This is intended to be used by producers as a reference sheet. Use the Find a Doctor tool at lifewise.com for the most current network information.

*LifeWise Cascade Select Health Plans are not sold in this county for 2025.

**MultiCare hospitals and specialists only, primary care providers (PCPs) are not in network.