

# LifeWise Alpine network overview

## KEY FACTS

- The LifeWise Alpine network has 3,000+ providers.
- Access to a wide range of in-network specialists, alternative care providers, and behavioral and mental health professionals.
- Key hospital systems include MultiCare\*\*, Confluence, PeaceHealth, and Providence.
- Emergency care is paid at the in-network level. Members can receive in-network emergency care from any hospital.
- Out-of-network hospitals cannot balance bill patients for emergency services.
- The LifeWise Alpine network includes urgent care centers. When you need timely care, visit an in-network urgent care instead of the ER.
- Virtual visits are a convenient option for everyday, urgent, and mental health care.
- Members have exclusive access to primary care at Kinwell clinics. Find out more at [kinwellhealth.com](https://kinwellhealth.com).

## FIND CARE

The Find Care tool makes it easy to choose LifeWise Alpine network providers at [lifewise.com/find-care](https://lifewise.com/find-care).

## NETWORK HOSPITALS BY COUNTY

### Adams

East Adams Rural Hospital	Ritzville
Othello Community Hospital	Othello

### Asotin\*

Tri-State Memorial Hospital	Clarkston
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### Benton

Prosser Memorial Hospital	Prosser
Trios Health Southridge Hospital	Kennewick

### Chelan

Cascade Medical Center	Leavenworth
Central Washington Hospital (Confluence)	Wenatchee
Confluence Health Hospital Mares Campus	Wenatchee
Lake Chelan Community Hospital	Chelan
Wenatchee Valley Hospital (Confluence)	Wenatchee

### Clallam\*

Forks Community Hospital	Forks
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### Clark

PeaceHealth Southwest Medical Center	Vancouver
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### Columbia\*

Dayton General Hospital	Dayton
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### Cowlitz

PeaceHealth St. John Medical Center	Longview
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## NETWORK HOSPITALS BY COUNTY

### Douglas

none

### Ferry

Ferry County Memorial Hospital      Republic

### Franklin\*

Lourdes Medical Center      Pasco

### Garfield\*

Garfield County Memorial Hospital      Pomeroy

### Grant\*

Columbia Basin Hospital      Ephrata  
Coulee Medical Center      Grand Coulee  
Quincy Valley Hospital      Quincy  
Samaritan Hospital      Moses Lake

### Grays Harbor

Grays Harbor Community Hospital      Aberdeen  
Summit Pacific Medical Center      Elma

### Island

WhidbeyHealth Medical Center      Coupeville

### Jefferson\*

Jefferson Healthcare Hospital      Port Townsend

### King\*

Evergreen Hospital Medical Center      Kirkland  
Harborview Medical Center      Seattle  
MultiCare Auburn Medical Center      Auburn  
MultiCare Covington Medical Center      Covington  
Overlake Medical Center      Bellevue  
Seattle Children's Hospital      Seattle  
Snoqualmie Valley Hospital      Snoqualmie  
Swedish Medical Center - Ballard      Seattle  
Swedish Medical Center - Cherry Hill      Seattle  
Swedish Medical Center - First Hill      Seattle  
Swedish Medical Center - Issaquah      Issaquah

### Kitsap\*

none

### Kittitas\*

none

### Klickitat

Klickitat Valley Hospital      Goldendale  
Skyline Hospital      White Salmon

### Lewis

Arbor Health Morton Hospital      Morton  
Providence Centralia Hospital      Centralia

### Lincoln\*

Lincoln Hospital      Davenport  
Odessa Memorial Hospital      Odessa

### Mason\*

Mason General Hospital      Shelton

### Okanogan\*

Mid Valley Hospital      Omak

### Pacific\*

Ocean Beach Hospital      Ilwaco  
Willapa Harbor Hospital      South Bend

### Pend Oreille

Newport Community Hospital      Newport

### Pierce

MultiCare Allenmore Hospital\*\*      Tacoma  
MultiCare Good Samaritan Hospital\*\*      Puyallup  
MultiCare Mary Bridge Children's Hospital\*\*      Tacoma  
MultiCare Tacoma General Hospital\*\*      Tacoma

### San Juan\*

PeaceHealth Peace Island Medical Center      Friday Harbor

### Skagit

Island Hospital      Anacortes  
PeaceHealth United General Hospital      Sedro Woolley  
Skagit Valley Hospital      Mount Vernon

## NETWORK HOSPITALS BY COUNTY

### Skamania

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none

### Snohomish\*

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Cascade Valley Hospital	Arlington
EvergreenHealth Monroe	Monroe
Providence Regional Medical Center	Everett
Swedish Edmonds	Edmonds

### Spokane

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MultiCare Deaconess Hospital**	Spokane
MultiCare Valley Hospital**	Spokane Valley
Shriners Hospitals for Children	Spokane

### Stevens\*

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none

### Thurston

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MultiCare Capital Medical Center**	Olympia
Providence St. Peter Hospital	Olympia

### Wahkiakum

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none

### Walla Walla\*

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none

### Whatcom

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PeaceHealth St. Joseph Medical Center	Bellingham
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### Whitman\*

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Pullman Regional Hospital	Pullman
Whitman Hospital and Medical Center	Colfax

### Yakima

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Astria Sunnyside Hospital	Sunnyside
Astria Toppenish Hospital	Toppenish
MultiCare Yakima Memorial Hospital	Yakima

This is intended to be used by producers as a reference sheet. Use the Find a Doctor tool at [lifewise.com](https://lifewise.com) for the most current network information.

\*LifeWise Cascade Select Health Plans are not sold in this county for 2025.

\*\*MultiCare Providence, and Swedish hospitals and specialists only, primary care providers (PCPs) are not in network.

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